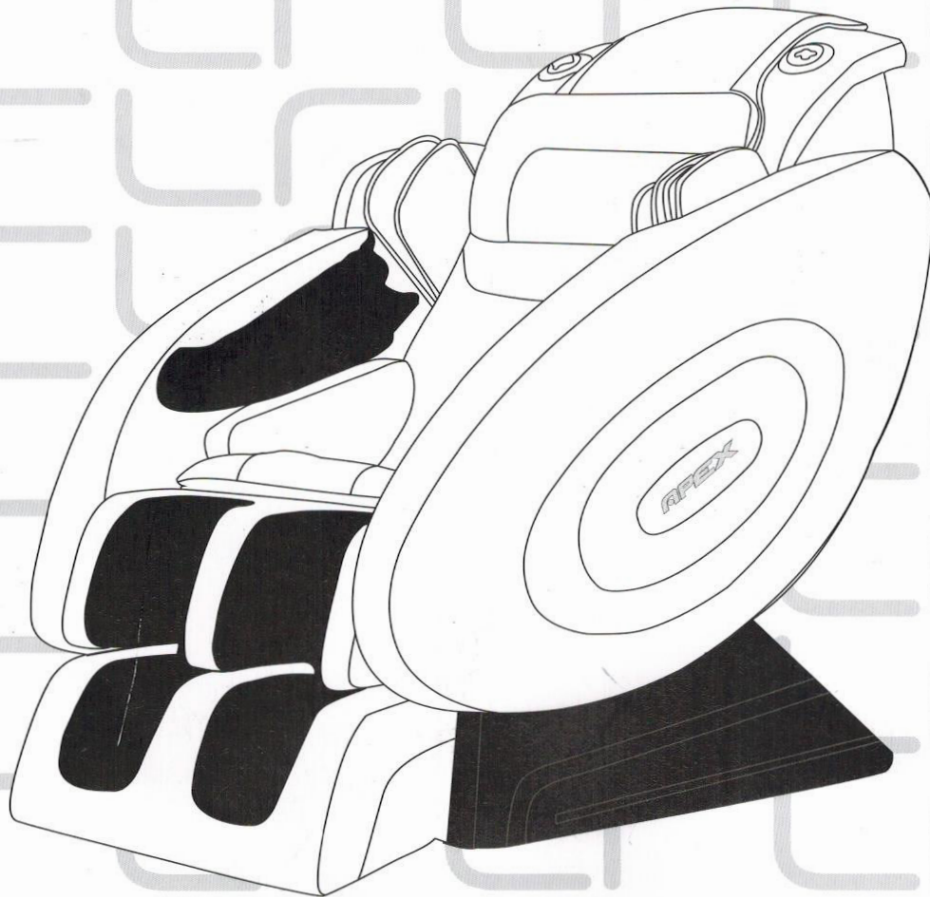


APEX

INSTRUCTION MANUAL
INSTRUCTION MANUAL
INSTRUCTION MANUAL

Harmony



Charming Health

TABLE OF CONTENTS

Before Use

Safety Precautions	1
Product Features	2
Product Structure	2
Assembly of Back Cushion and Pillow	3
Assembly of Armrest	4
Assembly of Footrest	5-6
Preparations Before Use	7

Operating Instructions

Operation of Massage Chair (Auto Operations)	7
Remote Control Operating Instruction	8-9
Instructions on APP Usage	10
Use Features of Music Sync	11
Wireless Bluetooth Music	11
After Use	12

Troubleshooting/Warranty

Maintenance	13
Maintenance and Storage	13
Troubleshooting	14
Specifications	14

Principles of Massage Chair

Acupressure Points in the foot	15
Diagram of the Spine	15

Safety Precautions

- Before using the equipment, please read the "Safety Precautions" thoroughly for correct use.
- The following precautions help you safely and correctly use this equipment, and avoid danger.
- The precaution items are categorized into "Warning" items and "Caution" items according to the degree of danger if they are not abided by.
- After reading, please place this manual in a place that is easily accessible for future reading.

Warning

When using the backrest adjusting function	Please confirm if there is any person (especially an infant or a child), pet, or obstacle such as furniture behind the chair. Please avoid any accident of body injury, or damage of furniture or this equipment.
Do not use power supply with unacceptable voltage	The use of unacceptable voltage may cause accident such as electric shock or fire.
When there is failure with massage chair	Please pull out the power plug from the socket immediately and call the dealer for inquiry or service.
When there is power outage	Please cut off the power switch and disconnect the power plug to extend the operating life of this equipment.
When not in use	Please turn off the power switch and pull out the power plug from the socket, because dust and moistness will cause insulation aging.
When the power cable or plug is damaged	To avoid any danger, they should be replaced by professional technicians from the manufacturer or its service agency or by other qualified personnel.
The equipment should be placed in a steady floor for use	Placing the equipment in an unsteady place may cause noise, which brings you discomfort in massage.
Do not sit on the armrest or the backrest	Otherwise, the equipment may be turned over, causing injury and damage of the equipment.
When the surface material is found to be torn	Please stop using the equipment and notify the dealer of the same immediately, otherwise an accident may occur.

In case of the followings, please use the equipment following doctor's advice.

● Patients currently receiving medical treatment, especially those feeling unwell in body.
● Patients with abnormal backbone (such as bending backbones).
● Patients with malignant tumor.
● Patients with any acute diseases.
● People with osteoporosis.
● Women in pregnancy or during menstruation.
● People who must have rest and peace.
● People with heart diseases (patients with angina or myocardial infarction, or equipped with heart pacemakers).
● Patients with high fever.
● People with weak body.
● People with sensation disabilities.

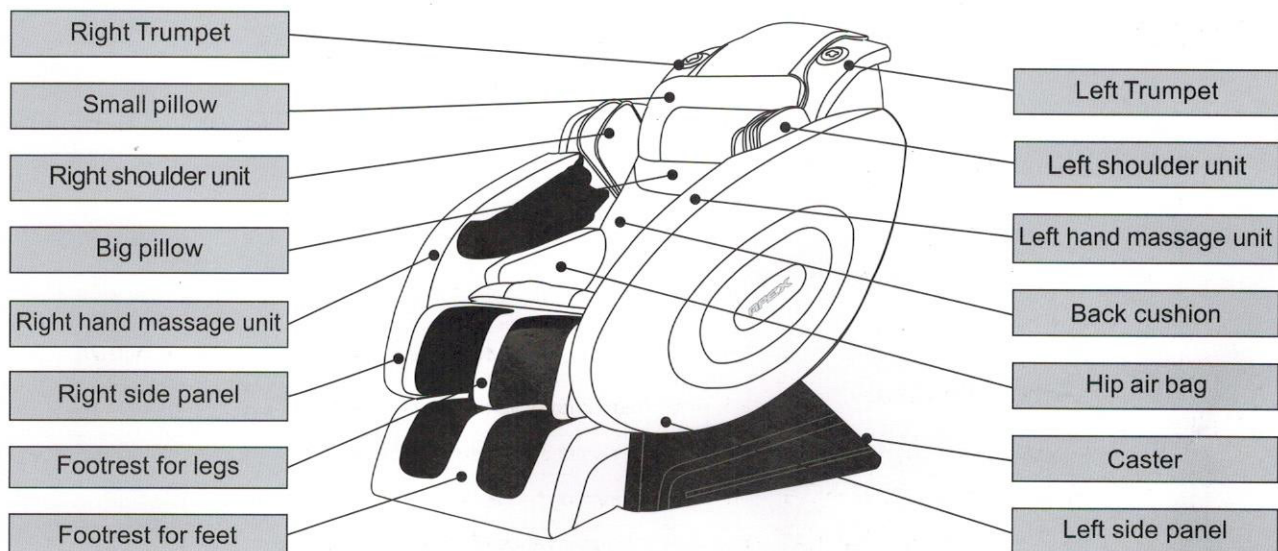
Caution

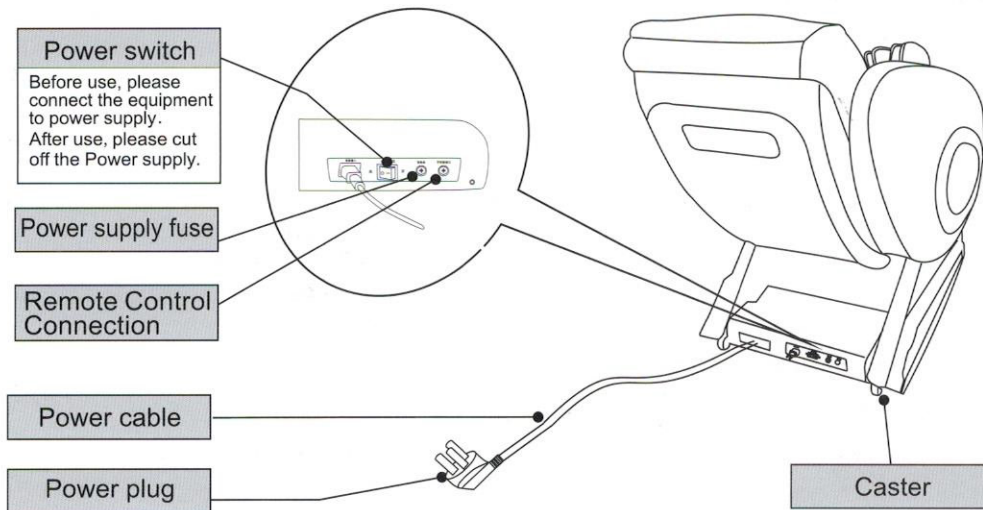
Please make sure a reliable earthing.	This is to prevent any electric shock when there is any failure or electric leakage. Please consult the dealer for installation of earthing.
Do not use gasoline or thinner to clean the equipment.	Otherwise, leather aging and discoloration may be caused, or a fire accident caused.
Do not sit on the armrest or backrest.	Otherwise, injury to people or damage to the equipment may be caused.
Do not move the chair by rolling the casters on wooden floor or carpet.	Otherwise, the floor may be damaged.
Do not use the equipment immediately after meal.	Otherwise you may feel indisposed
Do not move the equipment when any person or load is on it.	Otherwise, injury to people or failure to the equipment may be caused.
Do not allow two or more persons sitting in the chair at the same time.	Otherwise, injury to people or failure to the equipment may be caused.
Do not use the equipment without wearing any clothes.	Otherwise the skin is directly rubbed by surface of the chair, causing pain of skin.
Do not wear any ornament on head when using the equipment.	Otherwise, injury may be caused.
Do not bump the armrest with hard or sharp articles.	Otherwise, the appearance of the armrests may be affected.
People with lumbar disease do not move massage chair!	So as not to hurt the waist

Product Features

- **Armrest design**
Strong armrest design, Elegant and graceful
- **Patented safety design of footrest**
The lifting of footrest is not restricted by the movement of motor extension, and it can be automatically adjusted as per the heights of people.
- **3-D sense of whole-body air massage**
You will feel stronger and deeper massaging strength, providing you with a super enjoyment covering your feet, legs, hip, waist, back, hands and head.
- **Zero-wall Design**
Unique zero-wall design can save much space in your home.
- **Safe motor equipment**
European safety design motor with a low voltage of 24V, adopted to reduce noise and create a comfortable massage.
- **Six super powerful auto programs allowing perfect massage**
Six convenient and automatic massage programs are specially designed to enable you to enjoy the massage like conducted by professional massage therapist.
- **Various massage techniques**
The chair provides various techniques including Shiatsu, massaging, kneading, tapping, air pressure and etc. and it can carry out different massages by combining these basic techniques.
- **Zero-gravity design**
Based on the principle of Zero-gravity massage, which enables the back, hip and legs recline simultaneously to fully relax the legs & back and release whole body stress with the body weight absorbed by hip, thus bring you to enjoy the massage feeling of Zero-gravity.
- **The second generation auto back detection**
Infrared location can precisely detect your body shape and automatically scan your spine length to achieve an optimum massage position.

Product Structure

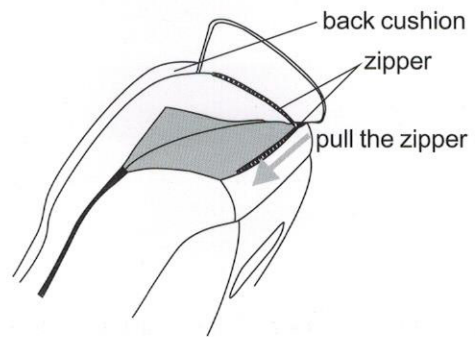
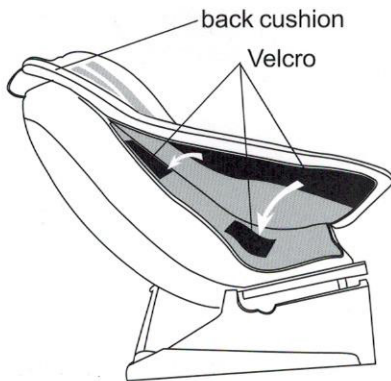




Assembly of Back Cushion and Pillow

Back cushion

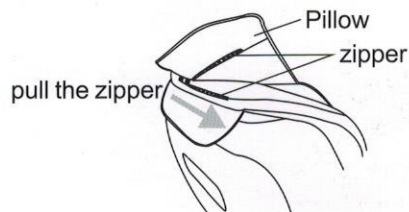
The back cushion was installed with the zipper on the backrest, two zippers are on the bottom and the top of back cushion, use the Velcro stick on the left and right sides.



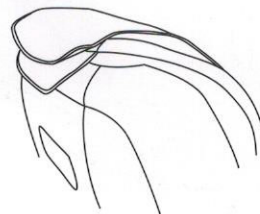
(The same structure on the left and right.)

Pillow

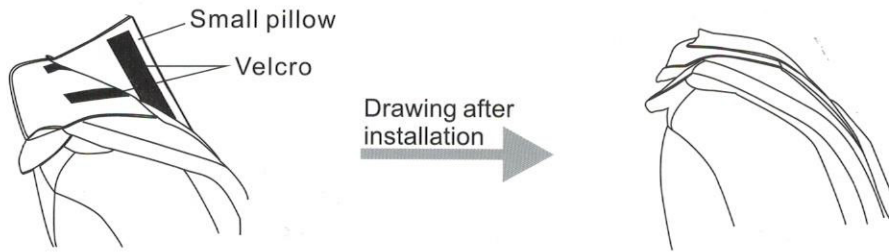
Big pillow set on the back cushion zipper(as show in the picture)



Perspective after installation



Use the Velcro to stick the small pillow on the big pillow.

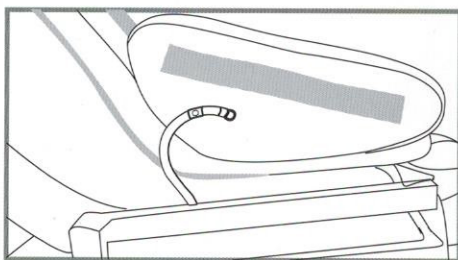


- Please turn the pillow backward during massage.
- In case of very strong massage, use it after installation of pillow.
- In case that it's not used for massage, it can be used as sofa after installation of back cushion and pillow.

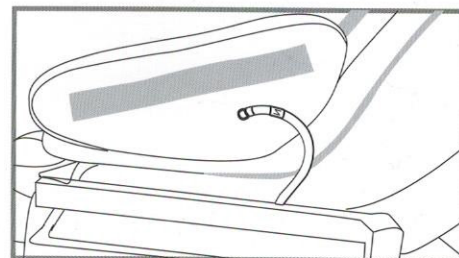
Assembly of Armrest

Step 1: Connect the air tubes

1. Connect the air tubes of the hip: following the alphabetic orders (such as O tubes connect O tubes, N tubes connect N tubes)

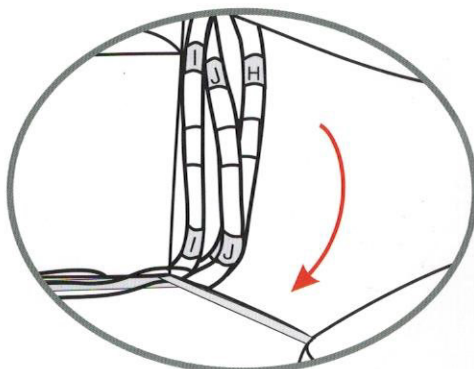


Left

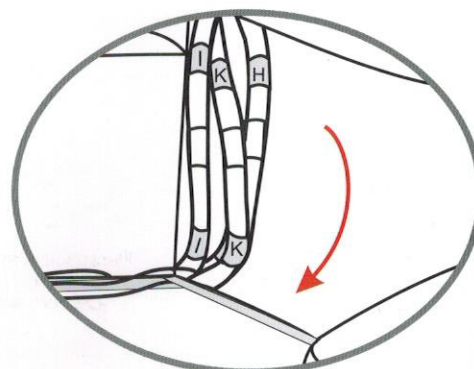


Right

2. Connect the air tubes of the armrest & the shoulder: following the alphabetic orders (such as H tubes connect H tubes, I tubes connect I tubes)



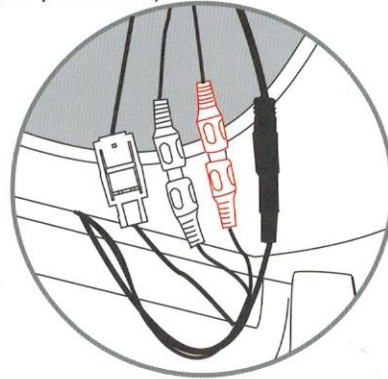
Left



Right

Step 2: Connect the Audio cables & Heating cables

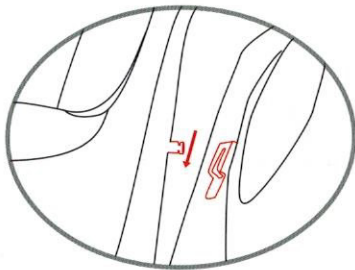
1. Audio cables: Red cables connected together, white cables connected together (As picture 1)
2. Heating cables: Black cables connected together. (As picture 1)
3. Arms heating: white connector connected together.(As picture 1)



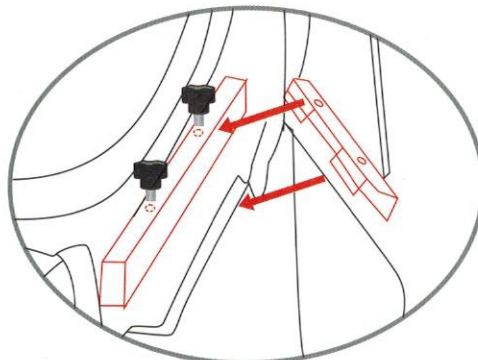
(Picture 1)

Step 3: Armrest assembly steps

1. Put up the armrest, front lock hasp match the arm pin, use the lock hasp lock the pin.(As picture 2)
2. Put up the armrest, button lock hasp button the iron shelf and use the screws lock with it.(As picture 3)
3. Armrest parts.(As picture 4)



(Picture 2)



(Picture 3)



Armrest screw(4pcs)

(Picture 4)

Assembly of Footrest

Details of accessories(all the accessories are kept with the user manual's plastic bag)

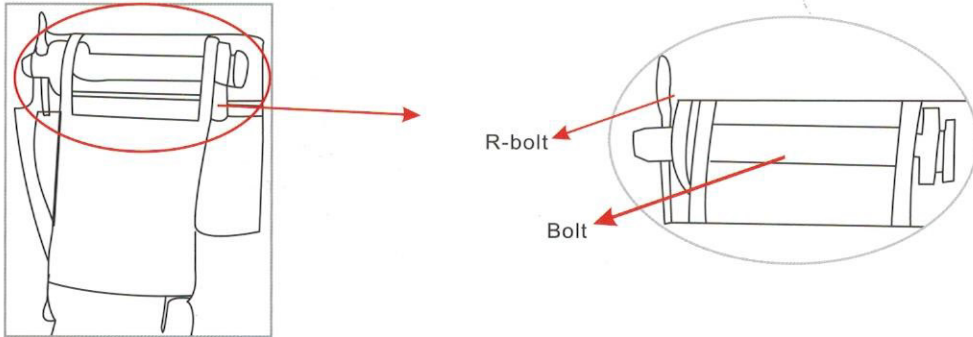


Foot Holder screws(2 pieces)

Assembly of Footrest

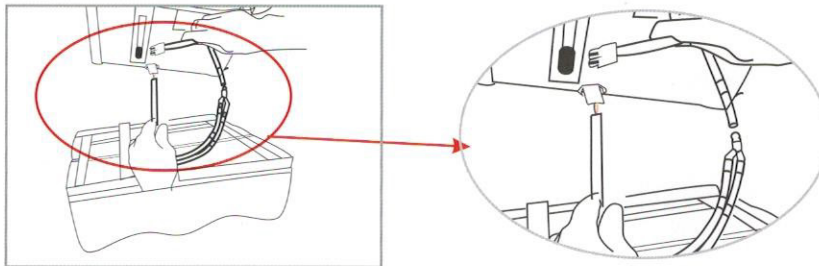
The First step:

Take out the connecting rod of the footrest from the baffled box, install well the bolt , and insert R-bolt for fastening. (As below pictures)



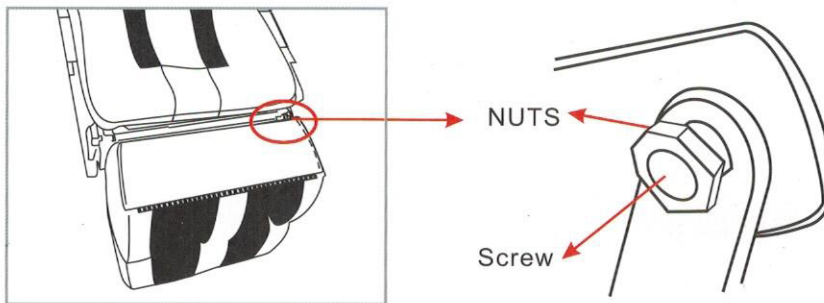
The Second step:

Take out the air tubes, the connecting wires from the baffled box, proper connect the air tubes in front of chair with the air tubes of the footrest and put on the cloth cover. (as below show in the picture)



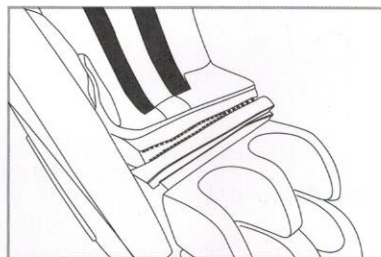
The Third step:

Lift up the footrest, use the two hold was fix on the front of the footrest, put the screw on the nuts. (as below show in the picture)



The Fourth step:

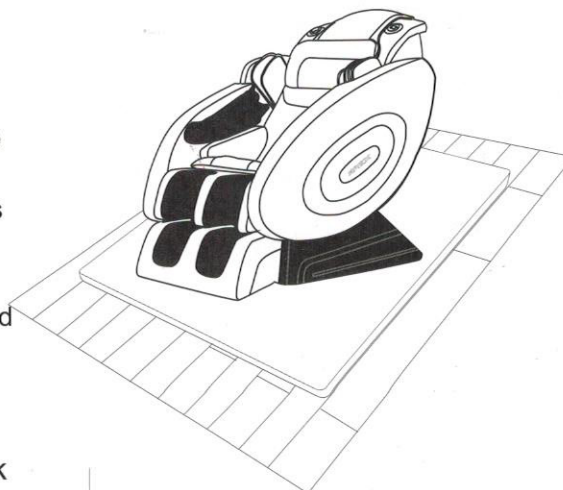
Stick the Velcro and arrange the leather cover well (as below show in the picture)



Preparations before Use

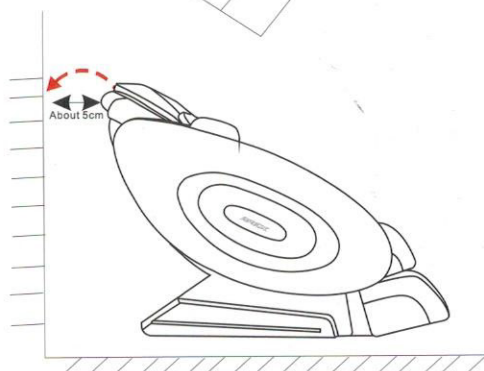
1. Choose operation place

- Do not put the equipment in a humid place like the bath.
- Do not put the equipment in a place where there is long-term direct sunshine, or near high temperature source such as furnace.
- To prevent the floor from being damaged and avoid noise during the operation, a piece of carpet can be laid under the equipment.



2. Ensure enough space behind the chair back

- (1) When the chair back is to be tilted backward, please keep the equipment at least 60cm away from any other object, so as to prevent the chair back from touching the wall or any other object.

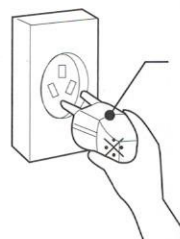


- (2) Please ensure that no person, pet, or any other obstacle is behind the equipment.

3. Power supply connection

- (1) Plug the power cord into the wall socket.

- ※ Before plugging the power cord, please firstly check if the power supply switch is on OFF position.



Power plug

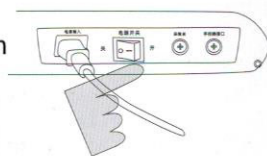
Please make sure that there is no cable coating peeling-off or damage.

Operation of Massage Chair (Auto Operations)

1. Insert power plug into the socket.

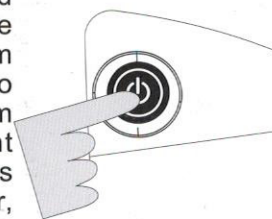
2. Turn on the power switch

(The power switch is at the behind of backrest)
First put the switch button at “-” position. The decorative LED indicator will light, and the remote control will have sound “DI” for three times.



3. Starting "ON/OFF" key

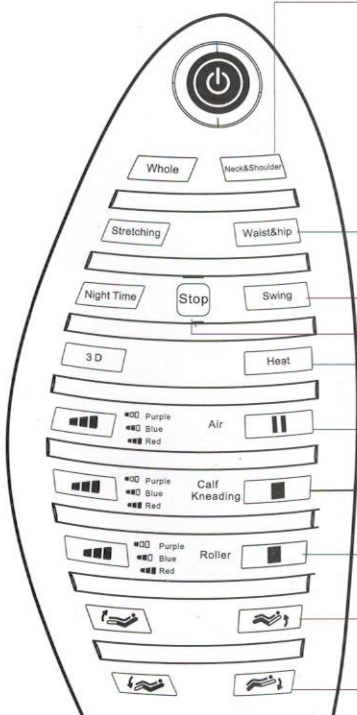
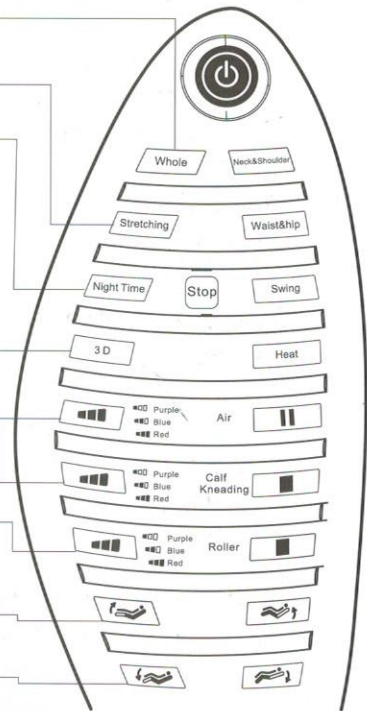
Press once to turn on chair, it will turn into red light and flashing, if you don't choose your desired auto program in 5 seconds, it will enter into default dynamic program automatically, and the light will keep lighting on. Press again to turn off the chair, at which period the button will be red and flashing.



Remote Control Operating Instruction


1. Operational instruction for front side buttons

- Press the button to start auto massage program for the whole body.
- This function is the fully automated program of stretching, massage chair will automatically adjust in weightless position and then massage for the whole body.
- This program is a comprehensive massage that rids the body of the day's tensions. This will help improve sleep and prepare the body and mind for sleep.
- This key is automatic program of 2D, 3D selector switch. Light on is 3D function, light off is 2D function.
- Use this button to adjust the pressure of airbags which is also available in auto programs. Low pressure-button light will be purple, medium pressure- button light will be blue, strong pressure-button light will be red. Press again to circle back.
- Use this button to adjust the strength of calf kneading. Low pressure-button light will be purple, medium pressure- button light will be blue, strong pressure-button light will be red. Press again to circle back.
- Use this button to adjust the speed of sole roller. Low pressure-button light will be purple, medium pressure- button light will be blue, strong pressure-button light will be red. Press again to circle back.
- Press and hold to raise the leg rest.
- Press and hold to lower the leg rest. Release when desired position is reached.



- This program uses the rollers and airbags to effectively massage the neck and shoulder areas using various techniques.
- A program aimed for relaxing the waist and hip muscles.
- Press the button to start swing program for relaxing the whole body, the chair will have some swinging movement during this program.
- Press to stop all chair functions.
- Activate for heating on arms, waist and seat. Press once for on and again for off. (The man who is sensitive to heat must be careful to use it.)
- Pause airbag inflation throughout the chair for five seconds to allow the user to readjust their position.
- In auto programs, press once for off calf kneading and press again for on.
- In auto programs, press once for off sole roller function and press again for on.
- Press and hold to move the backrest into a more upright position. The leg rest will also move in sync with the backrest. Release when the desired position is reached.
- Press and hold to lower the backrest horizontally. The leg rest will also move in sync with the backrest. Release when desired position is reached.

2. Operational instruction for back side manual buttons



Press and hold to move the back rollers upwards to your desired massage location. Release when desired position is reached then selects your preferred massage technique.

This key is for finger pressing function. Press once for on and again for off.

Manual button for manipulation. Press once for on and again for off.

Use it to adjust 3D strength when 3D massage is activated. First press to enter into 3D low level, second press to be medium level, third press to be in high level, fourth press for stop. Press again to circle back.

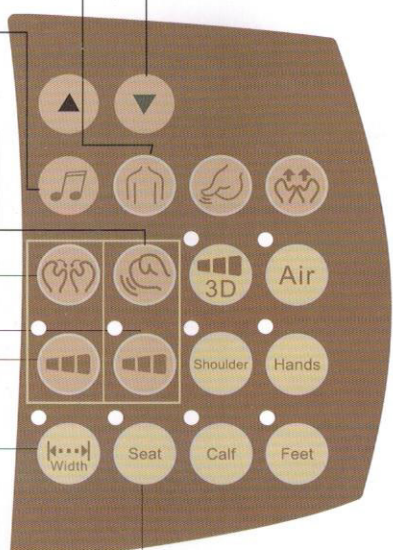
This key is for whole body air pressure. Perform air relaxation massage for whole body.

Air compression for the shoulders. Press once for on and again for off.

Air compression for the arms. Press once for on and again for off.

Air compression for foot. Press once for on and again for off.

Air compression for calf. Press once for on and again for off.



Press and hold to move the back rollers down the back to specific point. Release when desired position is reached and select desired massage style.

This button is for starting partial massage. Press once to start, and move up and down the massage roller to massage the selected right spot by pressing "roller up key" and "roller down key" button. (Attention 1. When this button is pressed, you can't select the massage spot by using "roller up key" and "roller down key" button until the massage roller is reset to the top position. When you want to reselect another massage spot, you have to stop this button and start it again.)

Press to enable massage to follow the beat of the connected music. Press again to turn off.

This key is for manual tapping massage. Press once to start and press again to stop.

This key is for inward and outward kneading function, press once to start inward kneading, press second to start outward kneading, press third to stop kneading.

Adjust the strength of tapping massage in three stages (medium-high-low). It's indicated by the color on the button. (Blue-Red-Purple)

Adjust the strength of kneading massage in three stages (medium-high-low). It's indicated by the color on the button. (Blue-Red-Purple)

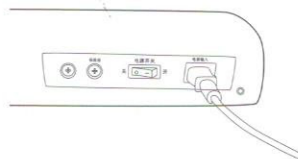
For adjusting the width of massage roller. This function works only for finger pressing and tapping massage. It is indicated by the color on the button. (Red-wide, Blue-Medium, Purple-Narrow)

This key is for seat air massage. Press once to start and press again to stop.

Instructions on APP Usage

1. Insert power plug into the socket;
2. Turn on the power switch (as the right image)

After turning on the machine, the LED lights on both left and right armrest will be on and the remote will have beeping sound in 3 times.



3. Instructions on APP Interface

Return back to last step (Back button)

On/off button (On/Off button)

Press the button to start auto massage program for the whole body. (Neck&shoulder)

This program is a comprehensive massage that rids the body of the day's tensions. This will help improve sleep and prepare the body and mind for sleep. (Whole)

Press the button to start swing program for relaxing the whole body, the chair will have some swinging movement during this program. (Swing)

This function is the fully automated program of stretching, massage chair will automatically adjust in weightless position and then massage for the whole body. (Stretching)

A program aimed for relaxing the waist and hip muscles. (Waist&hip)

Night Time

Use this button to adjust the speed of sole roller. Low pressure-button light will be purple, medium pressure-button light will be blue, strong pressure-button light will be red. Press again to circle back. (Sole Roller)

Activate for heating on arms, waist and seat. Press once for on and again for off. (The man who is sensitive to heat must be careful to use it.) (Heat)

Press and hold to raise the leg rest. (Legrest Up)

Press and hold to lower the leg rest. Release when desired position is reached. (Legrest Down)

Chair On/off button: press once to stop all functions, and press again to start over. (On/Off)

Use this button to adjust the pressure of airbags which is also available in auto programs. Low pressure-button light will be purple, medium pressure-button light will be blue, strong pressure-button light will be red. Press again to circle back. (Air)

Press to enable massage to follow the beat of the connected music. Press again to turn off. (Music Sync)

Press and hold to lower the backrest horizontally. The leg rest will also move in sync with the backrest. Release when desired position is reached. (Backrest Down)

Press and hold to move the backrest into a more upright position. The leg rest will also move in sync with the backrest. Release when the desired position is reached. (Backrest Up)

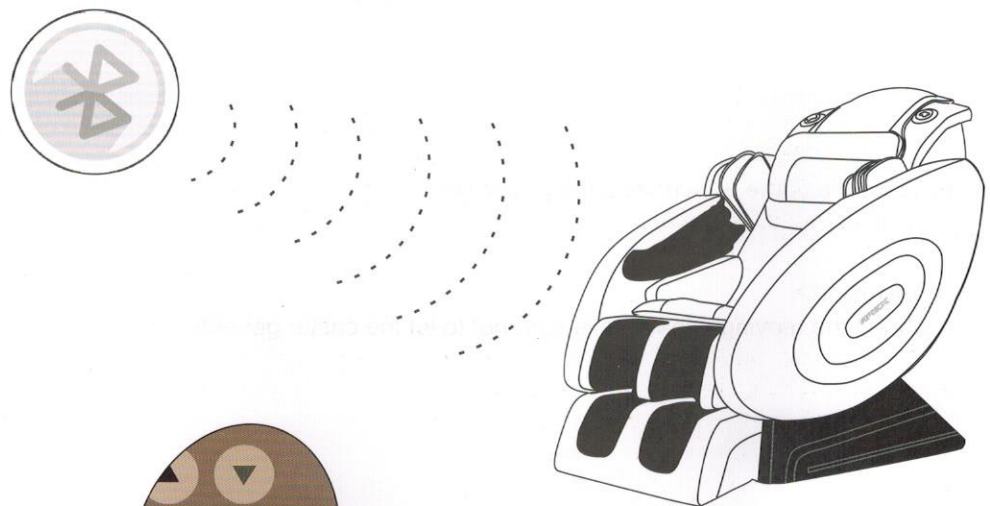
Use Features of Music Sync

Based on human engineering, Harmony massage chair adopts sync AV. Therefore, the massage chair becomes attractive and interesting. It enables to relax your soul and body. The massage chair brings you great joy of feel and listening. Users can choose the favorite music.

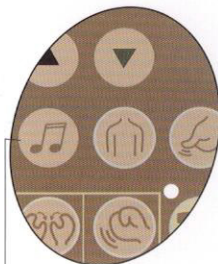


Wireless Bluetooth Music

1. Turn on the Bluetooth on your phone or other devices and then pair it with the Bluetooth from your chair.
2. Play the music on your phone, when heard the music, press the music Sync button on remote control, when activated, you can increase or lower the sound volume from your music device, the speakers on the massage chair will play your favorite music tunes when the Bluetooth pairing between the chair and the music player has been done correctly.



(Photo 1)





(Photo 2)

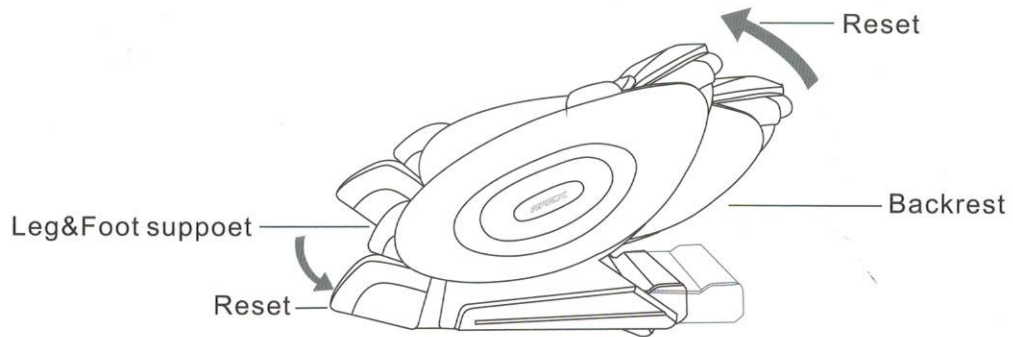
This is Music Sync button after activated it, the massage rhythm will sync with music rhythm.


After Use

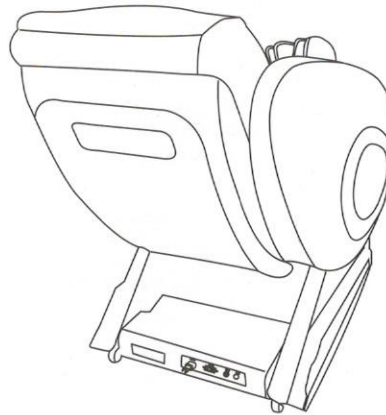
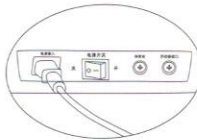
Restore the massage chair to the original status.

Restore the backrest and leg&foot support to the original status.

Press  Up button to raise the backrest.
When the backrest is rising, it is required to keep pressing  for roughly 3 seconds.



Put the switch button(behind the backrest) to the "  " OFF position. Switch off power supply.

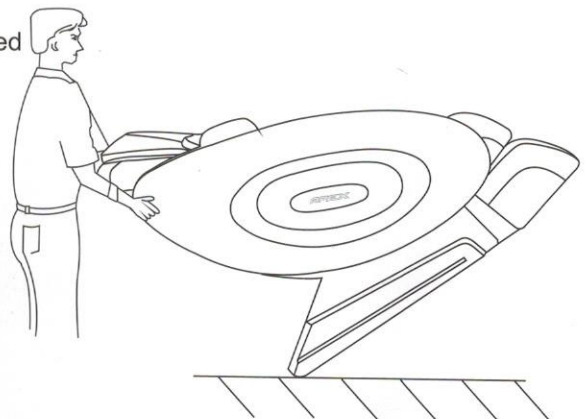


Moving method:

Refer to the figure. Disconnect the power cable and hide it in the chair. Lift the leg&foot support and move the chair forward.

<Cautions>

1. During the moving, please take care not to let the caster get entangled with the power cable and do not step on the power cable.
2. The floor may be easily scratched, do not move the equipment by rolling the casters. For moving, the equipment should be lifted by two persons.
3. Do not roll the casters on cement floor, otherwise the casters may be damaged.



Maintenance

Warning

For maintenance or cleaning, please first turn off the power switch, and then pull out the power plug from the socket.

Method and steps for the maintenance of the massage chair

Method: Use different maintenance method for different surface materials. Only carry out maintenance after confirming the type of the surface materials.

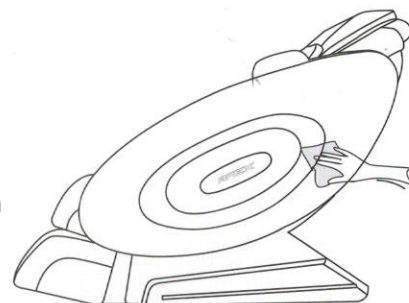
Please use soft dry cloth to wipe the surface of the equipment (do not use benzoline, alcohol or dilutor or let them drop onto the chair surface). Otherwise, the chair surface may be deformed and leather cover may deteriorate. Soak a piece of soft cloth in warm water and cleanser. Use the cloth to flap the chair surface. Lastly, use dry cloth to lightly wipe the surface. Let the surface dry naturally. (Do not use rapid drying method to dry the surface.)

Steps: Please follow the above method to wipe the following positions.

1. Pillow;
2. Back cushion;
3. Leather cover of backrest;
4. Leather cover of set cushion;
5. Leather cover of leg&foot support

Cleaning of armrest and back cover

1. Soak soft cloth in diluted neutral cleanser, and then wring out the cloth.
2. Use the wrung cloth to wipe off the dirt on the equipment. Lastly use clean dry cloth to wipe the equipment.



Maintenance and Storage

Routine maintenance

1. When there is dirt on the equipment, please use cloth soaked with neutral cleanser to wipe the dirty position. Then use wet cloth soaked with water to wipe. Lastly use dry cloth to wipe.
2. Prolong lifespan of the equipment (A 15 minutes' break is recommended after working for every 120 minutes).
3. Restore the chair armrest and leg&foot support after use.
4. Carefully handle the leg&foot support. Do not press with heavy force, sit on or step on the supports.

Method of storage

Please keep the equipment in the following conditions:

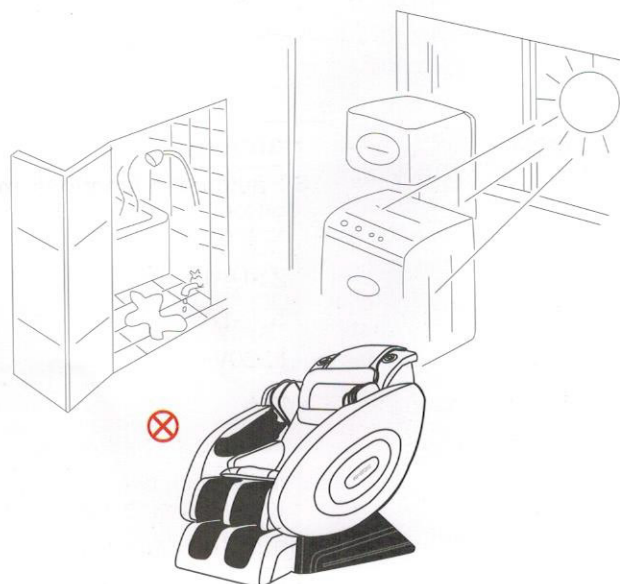
Ambient temperature: 0°C~40°C

Humidity: (non-condensing) 30%RH~85%RH

Do not store it in a place with high temperature, humidity, or Under direct sunshine, or with corrosive gas.

Storage place

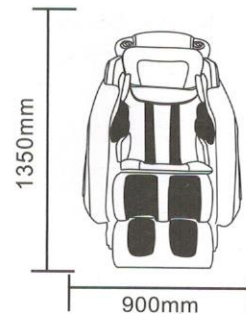
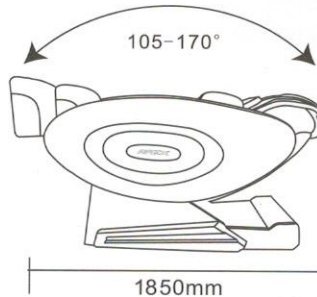
Clean the equipment first. Place it in a dry and dirt-free place. Do not use the equipment in a dirty, oil, humid environment or environment with smoke.



Troubleshooting

Trouble	Check	Solution
Sound of "creak, Cheep or Squeak" heard in operation.	It is the normal sound from motor with no check required.	No treatment needed.
Loud sound during massage.	Check to find if the equipment has been used for a long time continuously.	Please cut off the power supply, to let the equipment to stop for more than one hour.
Hot surface of the equipment.	Check to find if the operating time is too long.	Shut down the equipment and use it half an hour or one hour later.
The massage rollers sometimes stop.	Check to find if there is too much stress, or if the power plug is not steadily connected.	Remove the load and check the power supply.
No action or stops during action.	After power is connected, the ON/OFF key is not pressed.	Press the ON/OFF key once and then press a function key.
	The timer is activated to stop the massage function.	Press the ON/OFF key and a function key again.
	The power is just connected and the massage balls have not reached the highest position.	Wait until the massage balls reach the highest positions. Then, press a function key.
	Power is not connected.	Connect the power plug and turn on the power switch.
When the backrest is lifted to the maximum upper position, the backrest vibrates rhythmically.	Check to find if too much pressure is loaded.	Decrease the force (when there is no mechanical failure).
When the other actions preset by the control box are not normal, please turn off the power, wait for a while, and turn on the power again to retry. If there is still trouble after the above solutions are used, please contact the local dealer.		

Specifications



Model	Harmony	
Function	Six automatic functions, motor-driven ascending and descending of the backrest and leg&foot support, outward kneading, inward kneading, tapping, adjustment of kneading and tapping force, air pressing for buttocks and feet, Zero-wall design.	
Stroke	1280mm	
Reclining angle	105° -170°, stepless adjustment	
Power supply	<input type="checkbox"/> 220V~50Hz	<input type="checkbox"/> 110V~60Hz
Power consumption	200W	
Timing setting	Automatic shutdown after 20 minutes	
Safety device	Overheating, overcurrent, overvoltage and program disorder protection, automatic timing shutdown function of the anti-pressure device at leg&foot support	
Net weight/gross weight	Main Body Carton:100KG/110KG	Armrest Carton:23KG
Overall dimensions	Main Body Carton:1540x790x850mm Armrest Carton:1340x400x700mm	

In conformity with the standard: GB-4706. 10-2008/GB-4706. 1-2005 * The specifications are subject to change without prior notice.

Acupressure Points in the foot

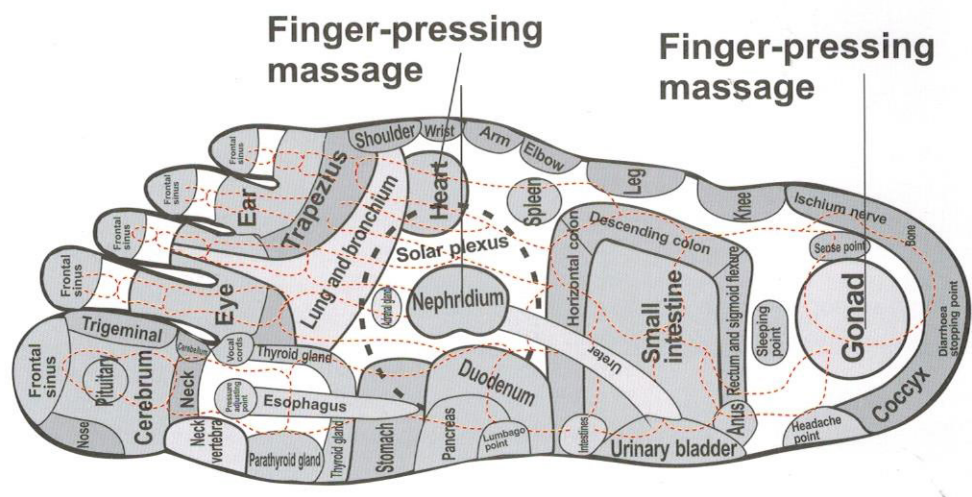
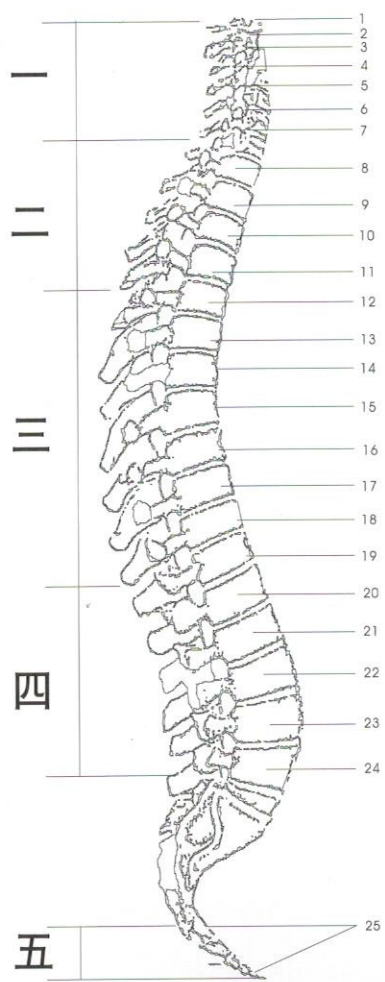


Diagram of the Spine



1. Blood vessel at head, face, brain, middle ear, inner ear, sympathetic nervous system	— .Neck	Headache, nervousity, insomnia, wind syndrome of head, hypertension, mental disorder, nervous break down, vertigo, periodic headache, amnesia
2. Eye, ocular nerve, ear nerve, tongue, forehead		Rhinitis, anaphylaxis, deafness, eye syndrome, fainting, eye disease
3. Cheek, external ear, facial bone, tooth, trigeminal nerve		Neuralgia, neuritis, acne, comedo, eczema
4. Nose, lips, mouth, Eustachian tube		Hay fever, catarrh, deafness, gland inflammation
5. Vocal cord, neck gland, pharynx		Laryngitis, hoarseness, laryngalgia
6. Muscles of neck, shoulder, tonsil		Cerical pain, torticolis, stiffneck, shoulder and arm pain, quinsy, chincough, asthma
7. Thyroid, bursa at shoulder and elbow		Bursitis, cold, thyroid gland disease
8. Oesophagus, trachea, hand, finger	= .Shoulder	Bronchial asthma, abnormal breathing, shortness of breath
9. Heart including heart artery, epimyocardium		Various hear diseases, chest pain
10. Lung, bronchus, pleura, thorax, breast		Bronchitis, pleurisy, phneumonia, mucus block
11. Gall bladder, ductus biliaris	≡ .Back	Various gall bladder diseases, jaundice, herpes zoster
12. Liver, blood		Liver disease, fever, hypotension, anaemia, blood circulation disease
13. Stomach		Various stomach diseases, gastritis, dyspepsia, cardialgia
14. Pancreas, duodenum		Abnormal blood sugar concentration, ulceration of intestines of stomach, gastroent
15. Spleen, diagram		Resistance decreases
16. Adrenal gland		Anaphlaxis, hives
17. Kidney		Nephropathy, vascular retrogression, apocamnosis, nephritis, pyelitis
18. Kidney, urethra		Skin diseases, pimple, eczema
19. Small intestine, lymphatic circulation	Rheumatism, abdominal colicky pain, infertility	
20. Large intestine, recta, groin	> .Waist	Coprotasis, colonitis, dysentery, diarrhea, hemia
21. Appendix, addomen, thigh		Convulsion, dyspnea, varix
22. Sexual organ, womb, bladder, knee		Bladder pain, menoxenia, menorrhagia, abortion, incontinence, impotency, menolipsis, knee pain
23. Prostate, waist muscle, sciatic nerve		Sciatica, waist pain, painful urination, polyuria, bacliche
24. Calf, ankle, foot	> .Buttocks	Poor blood circulation at foot, ankle swelling, flabbiness, foot convulsion, feeling cold at foot
25. Pelvis, buttocks		Low back ache, corner bend of backbone
25. Recta, anus		Hemorrhoids, low backbone pain